



ADELA PLESNIK SCHICKER

Fortune500 lecturer, co-author of the global bestseller *The End of Procrastination*, and Founder of [Procrastination.com](https://procrastination.com). She is a trainer, consultant, and keynote speaker specializing in behavioral economics and applied sciences. Adela empowers leaders, teams, and businesses to reach their full potential.

TOPICS

Diversity and Inclusion
Leadership and Communication
Productivity and procrastination
Sales and persuasion
Critical Thinking



Google



Deloitte.



JOIN MY HAPPY CLIENTS
adela@procrastination.com



OUR VALUES



SIMPLE



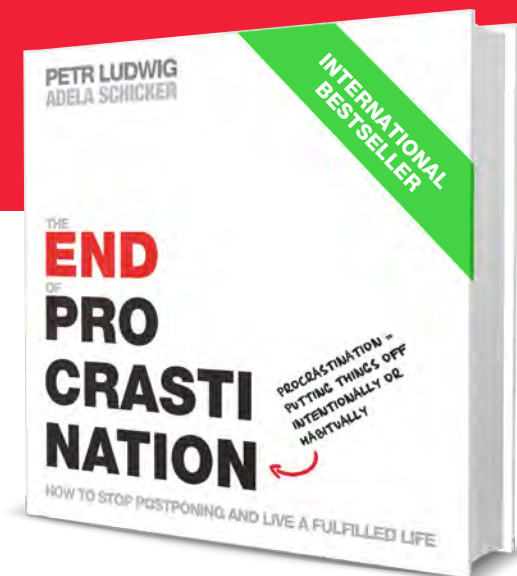
USEFUL



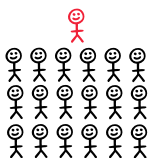
SCIENCE-BASED

THE BOOK

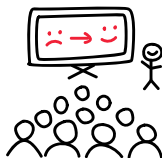
Adela co-wrote *The End of Procrastination*, a global bestseller, translated into 25 languages and sold over half a million copies worldwide.



FORMATS



**TALKS AND
KEYNOTES**



WORKSHOPS



WEBINARS